STRENGTHS SELF-REFLECTION AND MONITORING SHEET TWO



Target strength(s):						
Did I use my target strength(s) today?						
	Yes	No				
On a scale of 1 to 5, how well did I use this strength/these strengths today?						
	1	2	3	4	5	
Examples of when I used my target strength(s) today:						
	1		0	S24030	mm.lmmanin	
	2.	011110000	000	00000000	0600006000	
	3	9,9		8889	e-li-reconnec	000000
Did I overuse any of my strengths today?						
	Yes	No	Describe	9:	25.5 * * * * * * * * * * * * * * * * * *	000000000
			·····			5572 • 1000
Did I misuse any of my strengths today?						
		NPECC	ī			
Were there any situations where I could have used a strength but did not think of it?						
,	Yes	No	Describe		(0.000)250(0	. 1000 (1001)